

## A PROSPECTIVE STUDY ON THE OUTCOME OF DIFFERENT TYPES OF CATHETER USED IN HYPOSPADIAS SURGERY

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### Abstract

**Background;** Congenital penile anomaly are common in male population of paediatric age group and most common is hypospadias. Different types of catheters are being used during hypospadias repair. The objective of this study was to compare the post-operative clinico- pathological complications, patient's compliance, effectiveness of hypospadias repair between All-silicone, Latex Foley's, & P.V.C stent (Feeding-tube).

**Methods:** Prospective study, based on inclusion and exclusion criteria with a sample size of 60 patients, study carried out in patients posted for hypospadias surgery in Department of Surgery, M.G.M Medical College and M.Y Hospital, Indore (Division of Pediatric Surgery), by a same surgeons of Paediatric Surgery Unit, M.G.M.M.C & M.Y. Hospital INDORE, (M.P), with the use of 3 types of catheter, namely, latex foley's catheter, All-silicon foley's catheter, P.V.C-stent (feeding-tube), 20 in each group.

**Results:** The total number of admissions in the study period from March 2017 to March 2018 in paediatric surgery division in our hospital was – 60. Out of which, 05 was glanular hypospadias cases, 16 was coronal hypospadias cases, 11 was distal-penile hypospadias cases, 13 was mid-penile hypospadias cases. 05 was proximal-penile hypospadias cases, 10 was scrotal & perineal hypospadias cases. Of these 60 patients, 06 - had small urethro cutaneous fistula at the site of original meatus. 01 had wound-dehiscence. 13 had need of anticholinergic/ antispasmodic Tropan. 06 required re-do surgery & 01 had accidental dislodgement of stent.

**Conclusion:** All-silicon foley's & latex foley's catheter having similar results. Thus, can be used in hypospadias surgery according to their availability as, CHOICE OF CATHETER in place of P.V.C stent[(feeding-tube)].

**Study Design:** Observational Study.

**Keywords:** Hypospadias, All-silicon foley's catheter, latex foley's catheter, P.V.C stent[(feeding-tube)].

## Introduction:

Infant and children have various genital abnormalities such as undescended testis, hernias, hypospadias, ambiguous genitalia etc. The most common congenital penile anomaly is hypospadias. Today various techniques and modifications are used in hypospadias repair. Different types of catheters are being used during hypospadias repair but, there were lots of confusions about use of catheter and types of catheter which gives good results in hypospadias repair. Still, today NO guidelines available to solve this issue. Some pediatric urologists prefer not to use urethral stents, to avoid inflicting pain and bladder spasm, while others favours using stents for 5-7 days, to minimize the rate of complications for the patient. Common problems associated with urinary catheters in hypospadias repair are infection, encrustation, catheter blockage, bladder spasm and trauma related to catheter insertion. In this prospective study, we aimed to compared the post-operative clinico-pathological complications, patient's compliance, effectiveness of hypospadias repair between All-silicone, Latex Foley's, & P.V.C stent (Feeding-tube).

## AIMS & OBJECTIVES;

- To choose best catheter used in hypospadias surgery.
- To study the effectiveness & problem of different types of catheter for improving the results of hypospadias repair.
- To study the effect of catheter, in complications of hypospadias surgery.

## MATERIALS & METHODS;

This prospective study was carried out at Department of surgery, M.G.M Medical College and M.Y Hospital Indore, after approval of Ethical Committee, for a period of 1 year. In this study total 60 patients was examined & the patients were divided into 3 groups randomly, according to type of catheter used and each catheter group is consist of 20 patients, age 0-14 years male. Patient undergone hypospadias surgery for first time, Parents who had gave written informed

consent were included in this study. Patients along with systemic disease, on steroid therapy, redo surgery & Parents had not given written inform consent were excluded out. Data was collected prospectively included, patient's age at operation, degree of the hypospadias, degree of associated chordee, type of surgery done, type of catheter used, length of catheter in-situ (5 cm in side the bladder), number of days catheter in-situ, complications, need for anticholinergic / tropan, patient's compliance and cosmetic outcome.

## RESULTS;

This prospective study consist on the outcome of different types of catheter used in hypospadias surgery, of all 60 paediatric patients aged 0-14 years admitted in routine & emergency hours in Paediatric Surgery unit of Surgery department of Maharaja Yashwantrao Hospital, Indore in duration of year march 2017 to march 2018. Most of the patients with Hypospadias were from rural areas.

- Out of total 60 patients 45 (75%) patients lies within 0- 5 years, 11 (18%) patients lies within 5- 10 years, 04 (06%) patients lies within 10- 14 years of age, 16 (27%) patients of coronal hypospadias is the most common hypospadias diagnosed in our study, followed by 13(22%) patients of mid-penile hypospadias, 11(18%) patients of distal-penile hypospadias, 10 (17%) patients of scrotal-perineal hypospadias, 05 (08%) patients of each proximal penile & glanular hypospadias respectively.
- 45 patients lies within **0- 5 years age group**, in which 15 (33%) patients used latex foley's catheter. 12 (26%) patients used All-silicon foley's catheter & 18 (40%) patients used P.V.C stent (feeding-tube). 11 patients lies within **5- 10 years age group**, in which 04 (36%) patients used latex foley's catheter. 06 (54%) patients used All-silicon foley's catheter & 01 (09%) patients used P.V.C stent (feeding-tube). 04 patients lies within **10- 14 years age group**, in which 01 (25%) patients used latex foley's catheter. 02 (50%) patients used All-silicon foley's catheter & 01

(25%) patients used P.V.C stent (feeding-tube) urinary catheter.

- Anticholinergic drug Tropan due to spasmodic pain as a result of bladder irritation were used in 1 (6%) patient of coronal hypospadias with latex foley's catheter. 2 patients, 1 (6%) patient of coronal hypospadias & other 1 (7%) patient of mid-penile hypospadias with All-silicon foley's catheter having nearly significant P value (0.0050) <sup>[1,2,3,4]</sup>. & 10 patients, 1 (20%) patient of glanular hypospadias, 3 (20%) patients of coronal hypospadias, 3 (27%) patients of distal-penile hypospadias & 3 (23%) patients of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001) <sup>[5,6,7,8,9,10]</sup>
- Small Urethro-cutaneous fistula developed in 1 (6%) patient of coronal hypospadias with All-silicon foley's catheter. 5 patients, 1 (20%) patient of glanular hypospadias, 1 (6%) patient of coronal hypospadias, 1 (9%) patient of distal-penile hypospadias & 2 (23%) patients of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001) <sup>[1,2,3,4]</sup>.
- Accidentally dislodgement of stent occurred in 01 (09%) patient of distal penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001) <sup>[5,6,7,8,9,10]</sup>
- Haematuria occurred in 03 patients 01 (06%) patient of coronal hypospadias, 01 (09%) patient of distal penile hypospadias & 01 (07%) patient of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001) <sup>[5,6,7,8,9,10]</sup>.
- Wound dehiscence occurred in 01(05%) patient of distal penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.0039).

- Blockage of stent occurred in 03 patients. 01 (06%) patient of coronal hypospadias, 01 (09%) patient of distal penile hypospadias & 01 (07%) patient of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001).
- Re-do surgery had done in 06 patients. 01(5%) patient of glanular hypospadias, 02 (10%) patient of coronal hypospadias, 01 (05%) patient of distal penile hypospadias & 02 (10%) patient of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001).
- Complication rates had been higher in P.V.C stents (feeding-tube) urethral catheterization group, in terms of urethro-cutaneous fistula, wound dehiscence, use of tropan, accidental dislodgement of stent, hematuria& Re-do surgery.
- Very less or no complication rates in All-silicon foley's catheter & latex foley's catheter group. (similar complication rates in both groups).

In our study, All-silicon foley's& latex foley's catheter had similar results. Thus, can be used in hypospadias surgery according to their availability as, CHOICE OF CATHETER in place of P.V.C stent[(feeding-tube)].

## TABLES & GRAPHS.

### 1) AGE DISTRIBUTION.

The mean age group of the study was 4 years with minimum age being 9 months and maximum age being 14 years. The age distribution of the disease in the study was clustered into 3 groups, mode 2, median 3, & mean 4 years respectively.

**Table 1: Age distribution of the study population.**

Sr. No.	AGE.	No. OF PATIENTS.	% AGE.
01).	0-5 YEARS.	45.	75.00%.
02).	5-10 YEARS.	11	18.33%.
03).	10-14 YEARS.	04	06.66%.
TOTAL		60	100%.

**Table 2: Distribution of cases based on location of meatus.**

S. No.	Type of hypospadias	No. of cases (Total 60)	Percentage of cases
01	Glanular hypospadias.	05	08 %
02	Coronal hypospadias	16	27 %
03	Distal-penile hypospadias	11	18 %
04	Mid-penile hypospadias.	13	22 %
05	Proximal-penile hypospadias	05	08 %
06	Scrotal, perineal hypospadias.	10	17 %

**Table 3: Distribution of Catheter used in various age group of study population.**

Age Groups		0-5 Years	5-10 Years	10-14 Years	Total
Total No. of Cases		45	11	04	60
Foley`s Catheter	Number Of Cases	15	04	01	20
	Percentage	33.33 %	36.36%	25%	33.33%
All Silicon Catheter	Number Of Cases	12	06	02	20
	Percentage	26.66%	54.54%	50%	33.33%
Feeding Tube	Number of Cases	18	01	01	20
	Percentage	40%	9.09%	25%	33.33%

**Table 4: Distribution of catheter based on location of meatus.**

Sr. No.	Catheter.		Glanular hypospadias.	Coronal hypospadias.	Distal-penile-hypospadias.	Mid-penile-hypospadias.	Proximal-penile-hypospadias.	Scrotal-perineal hypospadias.
01)	Foley’s catheter latex.	No.	02	04	03	04.	03.	04.
		%	40%	25%	27.27%	30.76	60%	40%
02)	All-silicon catheter.	No.	01.	07.	03.	03.	01.	05.
		%	20%	43.75%	27.27%	23.07%	20%	50%
03)	Feeding-tube	No.	02.	05.	05.	06.	01.	01.
		%	40%	31.25%	45.45%	46.15%	20%	10%
Total.			05.	16.	11.	13.	05.	10.

**Table 5: Distribution of complication of catheter based on location of meatus.**

Sr. No	Age-group	Type of - hypospadias	Catheter								
			Foleys catheter			All-silicon catheter			Feeding tube		
			Complication other than pain.	Redo-surgery	Use of - tropan	Complication	Redo-surgery	Use of- tropan	Complication	Redo-surgery	Use of- tropan
1	0-5 yrs	GLANULAR	-	-	-	-	-	-	01	01	01
		CORONAL	-	-	01	01	-	01	03	02	03
		DISTAL PENILE	-	-	-	-	-	-	01	01	01
		MIDDLE PENILE	-	-	-	-	-	01	02	02	02
		PROXIMAL PENILE	-	-	-	-	-	-	-	-	-
		SCROTAL , PERINEAL	-	-	-	-	-	-	-	-	03
2	5-10 yrs	GLANULAR	-	-	-	-	-	-	-	-	-
		CORONAL	-	-	-	-	-	-	-	-	-
		DISTAL PENILE	-	-	-	-	-	-	-	-	-
		MIDDLE PENILE	-	-	-	-	-	-	-	-	-
		PROXIMAL PENILE	-	-	-	-	-	-	-	-	-
		SCROTAL , PERINEAL	-	-	-	-	-	-	-	-	-
3	10-14 yrs	GLANULAR	-	-	-	-	-	-	-	-	-
		CORONAL	-	-	-	-	-	-	-	-	-
		DISTAL PENILE	-	-	-	-	-	-	-	-	-
		MIDDLE PENILE	-	-	-	-	-	-	-	-	-
		PROXIMAL PENILE	-	-	-	-	-	-	-	-	-
		SCROTAL , PERINEAL	-	-	-	-	-	-	-	-	-
Total			-	-	01	01	-	02	06	06	10

**Table 6: Out-come of Latex Foley`s catheter on the basis of redo-surgery, various complications, & use of antispasmodic tropan.**

S. No.	Types of Hypospadias		Complications associated with Latex Foley`s catheter						
			Post op pain & Fever	Use of Tropan	Fistula Formation	Wound Dehiscence	Hematuria	Accidently came out	Blockage
01	Glanular	No.	02	-	-	-	-	-	-
		%	40%	-	-	-	-	-	-
02	Coronal	No.	04	01	-	-	-	-	-
		%	25%	06.25%	-	-	-	-	-
03	Distal penile	No.	03	-	-	-	-	-	-
		%	27.27%	-	-	-	-	-	-
04	Middle Penile	No.	04	-	-	-	-	-	-
		%	30.76%	-	-	-	-	-	-
05	Proximal Penile	No.	03	-	-	-	-	-	-
		%	60%	-	-	-	-	-	-
06	Scrotal-Perineal	No.	04	-	-	-	-	-	-
		%	40%	-	-	-	-	-	-
Total			20	01	-	-	-	-	-

**Table 7: Out-come of ALL-SILICON foley`s catheter on the basis of redo-surgery, various complications, & use of antispasmodic tropan.**

S. No.	Types of Hypospadias		Complications associated with All Silicon catheter						
			Post op pain & Fever due to anesthesia.	Use of Tropan	Fistula Formation	Wound Dehiscence	Hematuria	Accidently came out	Blockage
01	Glanular	No.	01	-	-	-	-	-	-
		%	20%	-	-	-	-	-	-
02	Coronal	No.	07	01	01	-	-	-	-
		%	43.75%	06.25%	06.25%	-	-	-	-
03	Distal penile	No.	03	-	-	-	-	-	-
		%	27.27%	-	-	-	-	-	-
04	Middle Penile	No.	03	01	-	-	-	-	-
		%	23.07%	07.69%	-	-	-	-	-
05	Proximal Penile	No.	01	-	-	-	-	-	-
		%	20%	-	-	-	-	-	-
06	Scrotal-Perineal	No.	05	-	-	-	-	-	-
		%	50%	-	-	-	-	-	-
Total			20	02	01	-	-	-	-

**Table 8: Out-come of P.V.C Stent (Feeding-tube) on the basis of redo-surgery, various complications, & use of antispasmodic tropan.**

S. No.	Types of Hypospadias		Complications associated with Feeding Tube catheter						
			Post op pain & Fever due to anesthesia	Use Of Tropan	Fistula Formation	Wound Dehiscence	Hematuria	Accidently Came out	Blockage
01	Glanular	No.	02	01	01	-	-	-	-
		%	40%	20%	20%	-	-	-	-
02	Coronal	No.	05	03	01	-	01	-	01
		%	31.25%	20%	06.25%	-	06.25%	-	06.25%
03	Distal penile	No.	05	03	01	01	01	01	01
		%	45.45%	27.27%	09.09%	09.09%	09.09%	09.09%	09.09%
04	Middle Penile	No.	06	03	02	-	01	-	01
		%	46.15%	23.07%	15.38%	-	07.69%	-	07.69%
05	Proxima l Penile	No.	01	-	-	-	-	-	-
		%	20%	-	-	-	-	-	-
06	Scrotal-Perineal	No.	01	-	-	-	-	-	-
		%	10%	-	-	-	-	-	-
Total			20	10	05	01	03	01	03



## DISCUSSION;

- Out of total 60 patients 45 (75%) patients lies within 0- 5 years, 11 (18%) patients lies within 5- 10 years, 04 (06%) patients lies within 10- 14 years of age, & the mean age group found is 4 years.
  - 45 patients lies within **0- 5 years age group**, in which 15 (33%) patients used latex foley's catheter. 12 (26%) patients used All-silicon foley's catheter & 18 (40%) patients used P.V.C stent (feeding-tube). 11 patients lies within **5- 10 years age group**, in which 04 (36%) patients with latex foley's catheter. 06 (54%) patients with All-silicon foley's catheter & 01 (09%) patients with P.V.C stent (feeding-tube). 04 patients lies within **10- 14 years age group**, in which 01 (25%) patients used latex foley's catheter. 02 (50%) patients used All-silicon foley's catheter & 01 (25%) patients with P.V.C stent (feeding-tube) urinary catheter.
  - Anticholinergic drug Tropan due to spasmodic pain as a result of bladder irritation were used in 1 (6%) patient of coronal hypospadias with latex foley's catheter. 2 patients, 1 (6%) patient of coronal hypospadias & other 1 (7%) patient of mid-penile hypospadias used All-silicon foley's catheter having nearly significant P value (0.0050)<sup>[1,2,3,4]</sup>. & 10 patients, 1 (20%) patient of glanular hypospadias, 3 (20%) patients of coronal hypospadias, 3 (27%) patients of distal-penile hypospadias & 3 (23%) patients of mid-penile hypospadias used P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001)<sup>[5,6,7,8,9,10]</sup>
  - Small Urethro-cutaneous fistula develops in 1 (6%) patient of coronal hypospadias with All-silicon foley's catheter. & 5 patients, 1 (20%) patient of glanular hypospadias, 1 (6%) patient of coronal hypospadias, 1 (9%) patient of distal-penile hypospadias & 2 (23%) patients of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001)<sup>[1,2,3,4]</sup>
  - Accidently dislodgement of stent occurred in 01 (09%) patient of distal penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001)<sup>[5,6,7,8,9,10]</sup>
  - Haematuria occurred in 03 patients 01 (06%) patient of coronal hypospadias, 01 (09%) patient of distal penile hypospadias & 01 (07%) patient of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001).
  - Wound dehiscence occurred in 01 (05%) patient of distal penile hypospadias used P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.0039).
  - Blockage of stent occurred in 03 patients. 01 (06%) patient of coronal hypospadias, 01 (09%) patient of distal penile hypospadias & 01 (07%) patient of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001).
  - Re-do surgery had done in 06 patients. 01 (5%) patient of glanular hypospadias, 02 (10%) patient of coronal hypospadias, 01 (05%) patient of distal penile hypospadias & 02 (10%) patient of mid-penile hypospadias with P.V.C stent (feeding-tube) urinary catheter, having significant P value (0.001).
  - Complication rates had higher in P.V.C stents (feeding-tube) urethral catheterization group, in terms of urethro-cutaneous fistula, wound dehiscence, use of tropan, accidental dislodgement of stent, hematuria & Re-do surgery.
  - Very less or no complication rates in All-silicon foley's catheter & latex foley's catheter group. (similar complication rates in both groups).
- In our study, All-silicon foley's & latex foley's catheter had similar results. Thus, can be used in hypospadias surgery according to their availability as, CHOICE OF CATHETER in place of P.V.C stent[(feeding-tube).

## Comparision of our study with various pioneer studies;

On comparision with **Amin M. Saleh, Wesam A.&Amr et al, Study**; In which hospital stay is of 7 days, time of stent removal is 0-7 days, 15 patient (75%), in feeding-tube urinary catheter group requires tropan, accidently dislodged stent is 04 patient (20%), 01 patient (5%) of latex

foiey's catheter & 03 patient (15%) of feeding-tube urinary catheter group develops small urethro-cutaneous fistula. 02 patient (10%) of latex foiey's Catheter & 05 patient (25%) of feeding-tube urinary catheter group requires re-do surgery.

SIMILAR results are found in our study as 1 patient (5%) in latex foley's, 10 patient (50%) in feeding tube urinary catheter group requires tropan & having nearly significant P value (0.005). accidentally dislodged stent in feeding-tube urinary catheter group is 01 patient (5%) having significant P value (0.0039). 05 patient (15%) develops small urethrocutaneous fistula, having significant P value (0.001) & 06 patients (30%) requires re-do surgery having significant P value (0.001) in feeding tube urinary catheter group.

## CONCLUSION

1. 75% patients lies within 0- 5 years, 18% patients lies within 5- 10 years, 06% patients lies within 10- 14 years of age range, & The mean age group is 4 years.
2. Complication rates had higher in P.V.C Stents (feeding tube) urethral catheterization group, in terms of:
  - A) Urethrocutaneous fistula , significant p value (0.001)
  - B) Wound -dehiscence, significant p value (0.039)
  - C) Use of Tropan, nearly significant p value (0.054)
  - D) Accidental dislodgement of stent, significant p value (0.039)
  - E) Haematuria , significant p value (0.000)
  - F) Re-do surgery , significant p value (0.001)
3. Very less or no complication rates in All-Silicon Foleys group & in Latex Foley's catheter group. (similar complication rates in both groups).

In our study, All-silicon foley's & latex foley's catheter had similar results. Thus, can be used in hypospadias surgery according to their availability as, CHOICE OF CATHETER in place of P.V.C stent [(feeding-tube), due to their more complications].

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